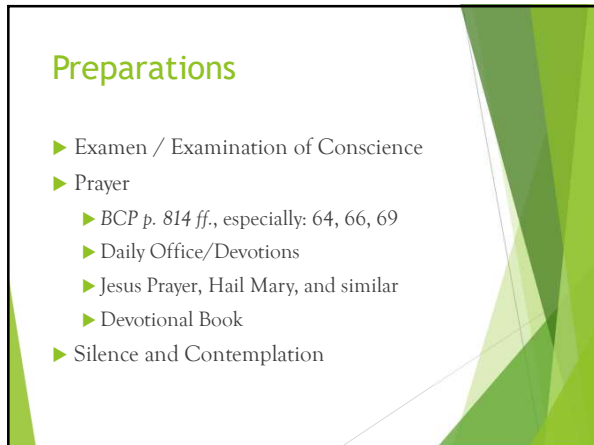


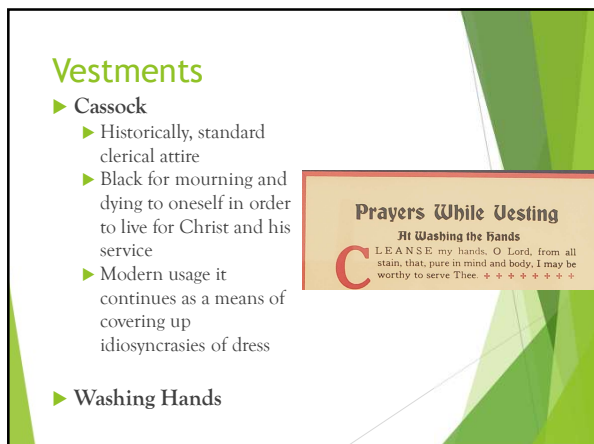
10



11

Preparations

- ▶ Examen / Examination of Conscience
- ▶ Prayer
 - ▶ BCP p. 814 ff., especially: 64, 66, 69
 - ▶ Daily Office/Devotions
 - ▶ Jesus Prayer, Hail Mary, and similar
 - ▶ Devotional Book
- ▶ Silence and Contemplation



12

Vestments

- ▶ Cassock
 - ▶ Historically, standard clerical attire
 - ▶ Black for mourning and dying to oneself in order to live for Christ and his service
 - ▶ Modern usage it continues as a means of covering up idiosyncrasies of dress
- ▶ Washing Hands

Prayers While Vesting

At Washing the Hands

CLEANSE my hands, O Lord, from all stain, that, pure in mind and body, I may be worthy to serve Thee. * * * * *

Vestments

- ▶ **Amice**
 - ▶ Helmet of Salvation
 - ▶ White, rectangular cloth with two ribbons
 - ▶ Practically, keeps the neck warm in drafty churches (winter) and protects more valuable vestments
- ▶ **Alb**
 - ▶ White robe of Baptism
 - ▶ Worn over the cassock, as in putting on Christ
 - ▶ Shortened → Surplice

The Amice

PLACE, O Lord, the helmet of Salvation upon my head to repel the assaults of the Devil. ✦ ✦

The Alb

CLEANSE me, O Lord, and purify my heart, that, being made white in the Blood of the Lamb, I may attain everlasting joy. ✦ ✦ ✦ ✦ ✦ ✦

13

Vestments

- ▶ **Girdle/Cincture**
 - ▶ Belt of Chastity and Continence
 - ▶ Cord or rope to gather the alb
- ▶ **Maniple**
 - ▶ Cloth or handkerchief
 - ▶ Indicative of the bonds which held the Lord's hands or of the sorrows (tears) borne with patience
 - ▶ Uncommon in modern use, but not unheard of

The Girdle

GIRD me, O Lord, with the girdle of purity and quench in me the fire of concupiscence, that the grace of temperance and chastity may abide in me.

The Maniple

GRANT me, O Lord, to bear the light burden of grief and sorrow, that I may with gladness take the reward of my labor. ✦ ✦ ✦ ✦ ✦ ✦ ✦ ✦

14

Vestments

- ▶ **Stole**
 - ▶ Symbol of authority for those in Holy Orders
 - ▶ Scarf-like band in the color of the commemoration or season
- ▶ **Chasuble**
 - ▶ Above all put on charity
 - ▶ Yoke of Christ
 - ▶ Only worn by the celebrant at Mass
 - ▶ Also color of the day

The Stole

GIVE me again, O Lord, the stole of immortality, which I lost by the transgression of my first parents, and although I am unworthy to come unto Thy Holy Sacrament, grant that I may attain everlasting felicity. ✦ ✦ ✦ ✦ ✦ ✦ ✦ ✦ ✦ ✦

The Chasuble

OLORD, who hast said, My yoke is easy, and My burden is light, grant that I may so bear it, as to attain Thy grace. Amen. ✦ ✦ ✦ ✦ ✦ ✦ ✦ ✦

15

Colors

- ▶ **Green** – Ordinary time; growth
- ▶ **Purple** – Advent/Lent; penance
- ▶ **Rose** – Advent 3 and Lent 4; rejoicing and refreshment in the penitential journey
- ▶ **White** – Christmas, Easter, Feasts; celebration
- ▶ **Red** – Pentecost, Feasts; blood of Christ, Holy Spirit, Martyrs
- ▶ **Black** – Good Friday, All Souls; mourning, death

16

Actions

Singing – ancient practice of the Hebrew people, most notably Psalms; continued and expanded in the church

Propers (Change):	Ordinary (Unchanging)
▶ Introit/Processional	▶ Kyrie
▶ Collect (Major)	▶ Gloria
▶ Lessons (Major)	▶ Creed
▶ Gradual	▶ Sanctus
▶ Gospel Acclamation	▶ Lord's Prayer
/Alleluia/Tract;	▶ Agnus Dei
▶ Offertory;	
▶ Communion;	
▶ Recessional/ Postcommunion	

17

Actions

- ▶ **Standing** – We stand as a sign of respect and honor; to show our readiness to be about the work given to us in the liturgy
- ▶ **Sitting** – We sit to listen, learn, and reflect
- ▶ **Kneeling** – We kneel in penitence, aware of our sin; We kneel before our Lord, in homage and adoration

18

Actions

- ▶ **Sign of the Cross** - recollection of the saving work of Christ for us, first marked upon us at baptism
- ▶ **Genuflecting** - sign of humility and adoration; kneeling in transition (place to place)
- ▶ **Bowing** - sign of reverence and respect, done by pausing other motion
- ▶ **Striking of the breast** - acknowledge my fault
- ▶ **Kiss/Passing of Peace** - expression of our communion with our neighbor in Christ

19

Before We Begin

- ▶ Gathering together
 - ▶ The Liturgy is not a private thing.
 - ▶ In corporate worship, we unite ourselves with others to acknowledge the holiness of God, to hear God's Word, to offer prayer, and to celebrate the sacraments.
- ▶ Sacred Drama
 - ▶ Enact, proclaim, and participate in the mighty acts of God
 - ▶ Every person is a part of the action

20

The Entrance

- ▶ Introit/Processional Hymn
 - ▶ Originally a Psalm with Antiphon
 - ▶ Set the tone for the day
- ▶ Opening Acclamation
 - ▶ Begin by blessing God, setting the tone of what is to follow
- ▶ Collect for Purity
 - ▶ Collects collect the thoughts of those gathered
 - ▶ Ask God to prepare us for what we are about to do, clearing our hearts and minds, purifying the intentions of our hearts

21

The Entrance

- ▶ The Decalogue / Summary of the Law
 - ▶ 10 Commandments (with *Kyrie*)
 - ▶ Two Great Commandments
- ▶ *Kyrie* – Lord, have mercy. Christ, have mercy...
- ▶ *Trisagion* – Holy God, Holy and Mighty, Holy Immortal One, Have mercy upon us.
- ▶ *Gloria in excelsis*
- ▶ Song of Praise

22

Looking ahead

- ▶ Liturgy of the Word to the Offertory

23
